

### **Mendelian Randomization studies**

Assignment practical



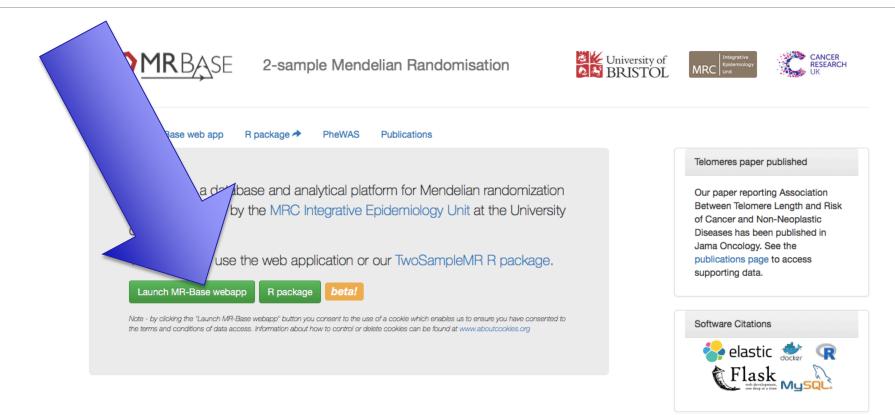
# Perform an MR study...

• ...wait...what?

Yes, you can: <a href="http://www.mrbase.org/beta/">http://www.mrbase.org/beta/</a>



### Start MRBase



#### Citation

Gibran Hemani, Jie Zheng, Kaitlin H Wade, Charles Laurin, Benjamin Elsworth, Stephen Burgess, Jack Bowden, Ryan Langdon, Vanessa Tan, James Yarmolinsky, Hashem A. Shihab, Nicholas Timpson, David M Evans, Caroline Relton, Richard M Martin, George Davey Smith, Tom R Gaunt, Philip C Haycock, The MR-Base Collaboration. MR-Base: a platform for systematic causal inference across the phenome using billions of genetic associations. bioRxiv. doi: https://doi.org/10.1101/078972





- Welcome to MR Base
- i About
- Acknowledgements
- Data access agreement

TwoSampleMR R package









A platform for Mendelian randomisation using summary data from genome-wide association studies

All analyses, data extraction and more can be performed using the TwoSampleMR R package. Additionally, you can use the R package to analyse your own outcome datasets.

#### Get the R package

To begin analysis in the web application please review the data access agreement and accept by logging in with your google account.



SNP-PHENOTYPE ASSOCIATIONS

20,994,571,446



TRAITS WITH INSTRUMENTS

340,779



**GWAS PUBLICATIONS** 

140

Current status



ADOUL Acknowledgements

whether registered or unregistered) in the Platform.

Data access agreement

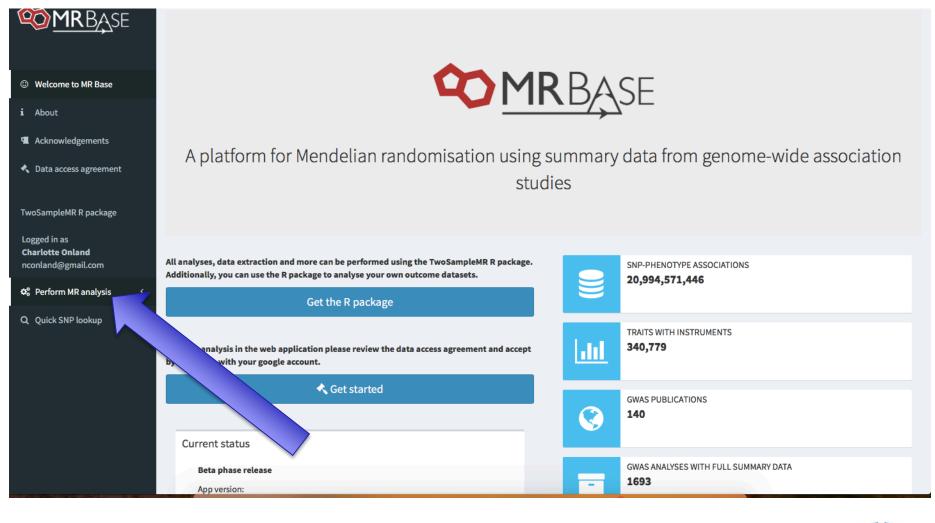
TwoSampleMR R package

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Login button should appear below...

Accept the data access agreement via Google to get started







# Perform a MR study...: assignment

- Choose your favourite exposure (e.g. BMI, height, CRP, ....)
  - What should you check for?
  - You can use data from MRBase GWAS, but also upload your own list of SNPs
  - What information do you need on the SNPs if you want to upload your own data for the exposure?
  - We start with 1 variant (use literature to identify 1, and check NHGRI-EPIC-GWAS upload)
    - What should you take into account?
      - Cis/trans
      - Effect size



## Perform MR study

- Choose outcome: CHD
  - Check which data you will use
  - What should you take into consideration?
    - Sample size
    - Ethnicity
    - Date
    - Evt. Sex. Etc.



### Perform an MR

- After you selected the exposure and outcome
- Click on "Run MR"
- Then you need to make some choices:
  - LD
  - Use of Proxies (incl. value of r2)
  - Allow palandromic SNPs
    - What is a planadromic SNP
    - What should the MAF threshold be and why?
    - Allele harmonization
    - Select methods



- Now click on "Perform MR analysis"
- You will see the results
- Please answer the questions on the next page
- You can use different databases to help answer your questions (apart from the results)
  - For instance:
    http://www.phenoscanner.medschl.cam.ac.uk/



- Explain in your own words what you see
- Whay do the different methods tell you?
- What do the different plots tell you?
- Do the MR assumtions hold? Please, explain
  - SNP associated with exposure (strong instrument?)
  - No association with confounders
  - Only association with outcome through the exposure
- Is there evidence for pleiotropy?
- Write down the answer to your research question based on the results



- Now take multiple variants
  - Find the lastest GWAS on the exposure you chose
  - Answer the same questions



## If you have time

- Try the R-package MendelianRandomization by Stephen Burgess
  - Easy to use
  - Need your data ready
  - Read the manual to understand what you datafiles should look like
- Try the two sample MR package by....

